

New York

San Francisco

AGE PLAY: EROS, PRACTICALITY, AND WALKING THE EDGE  
© 2016 David Ortmann and DMO Enterprises

Guiding perspective

The bringing together of students, fellow mental health professionals, academics, and members of the AltSex communities happen all too rarely and creates fertile ground for cross pollination of knowledge which is a great thing! This is one of the reasons **Richard Sprott, Rob Beinvenu and David Ortmann-** created CARAS (The Community-Academic Consortium for Research on Alternative Sexualities) in 2005.

Schools of thought drawn from for this talk:

- Ego Psychology
- Jungian Philosophy
- Shadow Psychology
- Psychodrama
- Mind Body Integration therapy
- Psychodynamic Theory
- Gestalt

The five or six erotic age orientations:

- 1) **Gerontophilia:** attraction to the elderly.
  - 2) **Teleiophilia:** Attraction to mature adults (although how and who defining “mature adults” is, in and of itself, problematic).
  - 3) **Ephebophilia:** attraction to older post pubescent adolescents
  - 4) **Hebephilia:** attraction to pubescents
  - 5) **Pedophilia:** attraction to prepubescents
  - 6) **Infantophilia:** which is often considered a sub-type of pedophilia, used to refer to a sexual preference for infants and toddlers (ages 0–3, though some raise it to 5).
- I focused primarily on pedophiles, hebephiles, and ephebophiles, which I name **Alternative Erotic Age Orientations (AEAO's)**, which I am differentiating from **MAP's (Minor Attracted Persons)** as the latter does not have an orientation perspective, which I believe to be crucial.
    - Let's work together to find language for the very in the shadows sexual minorities that allow for empathy, instead of evoking fear and disgust.

© 2016 David Ortmann and DMO Enterprises

415-577-4430 (mobile) 212-222-5969 (land)

279 W. 117<sup>th</sup> Street New York, NY 10026

www.DavidOrtmann.com

New York

San Francisco

### Definition

“Age-play is a form of roleplaying in which an individual acts or treats another as if they were a different age, sexual or non-sexually. Ageplay is roleplaying between adults, and involves consent from all parties. Portraying any age can be the goal of ageplay, from babies, to the elderly. Usually this involves someone pretending to be younger than they actually are, but more rarely can involve assuming an older role.”

- **Sybil Holiday** and **Bill Henkin's** 1996 classic book *Consensual Sadomasochism: How to Talk About It and How to Do it Safely*.

### Research

Current research on age play within the BDSM community is slim:

- In 1987 **Moser & Leavitt**, in a sample of 178 men and 47 women, found 20% of their sample had tried some sort of "guardian/child" role play, with 16% enjoying it.
- In 2005 **Jennifer Rehor** conducted an online survey of the female-identified over the age of 18 years, from data gathered in 2010-2011. A sample of 1,384 women who identified as kinky - 36% had done “age regression” play.

View this presentation as a call to arms, for much needed research in this area – though the populations we are about to speak of are very hard to reach and do not trust easily.

I've treated AEAO's in the past 14 years who come to therapy voluntarily for 4 main reasons:

- To be seen,
- To be heard
- To recover from shame
- Discover how to have sexual pleasure without harming themselves or others.

415-577-4430 (mobile) 212-222-5969 (land)

279 W. 117<sup>th</sup> Street New York, NY 10026

[www.DavidOrtmann.com](http://www.DavidOrtmann.com)